



All Time Individual Outdoor Track & Field Records

55 (Open)

1	Jenna Helfand	2011	7.80
2	Sarah Collins	2011	8.00
2	Haley Farella	2014	8.00
3	Ryan Kirby	2014	8.10
3	Adriana Vergara	2014	8.10
4	Alexandra Dulski	2014	8.20
4	Alexandra Piscitelli	2014	8.20
5	Isabella Silber	2014	8.40
6	Bridget Hyland	2014	8.50
7	Hailey Priscoe	2014	8.70
7	Whitney Shyposh	2014	8.70
7	Miranda Whelan	2014	8.70
8	Allison Bronander	2014	8.80
9	Jessica Stern	2014	8.90
10	Julia Friss	2014	9.00

100 (Open)

1	Ashley Edwards	2011	12.30
2	Sophia Goldschmidt	2014	12.60
3	Jenna Helfand	2014	12.71
4	Adriana Vergara	2016	12.89
5	Katherine Ponce	2010	12.90
5	Hannah Kronick	2011	12.90
5	Tani Horton	2016	12.90
6	Sirena Van Epp	2011	13.00
6	Elena Chermak	2012	13.00
7	Alex Hawkins	2010	13.10
8	Soph Devita	2012	13.20
8	Elise Ballan	2013	13.20
8	Hannah Hawkins	2013	13.20
8	Elizabeth Ponce	2013	13.20
9	Brooke Schaeffer	2014	13.30
10	Jaimie DeDea	2016	13.38

100 (Relay)

1	Hannah Kronick	2010	12.10
2	Jenna Helfand	2012	12.20
3	Elena Chermak	2014	12.30
4	Tani Horton	2016	12.40
5	Katherine Ponce	2010	12.41
6	Sirena Van Epp	2009	12.50
6	Amanda Fischer	2012	12.50
6	Anna Browne	2013	12.50
6	Elizabeth Ponce	2013	12.50
6	Sophia Goldschmidt	2014	12.50

7	Alex Hawkins	2010	12.51
8	Hannah Hawkins	2014	12.60
8	Lindsey Strauss	2015	12.60
9	Kelly Irving	2009	12.70
9	Ashley Edwards	2011	12.70
9	Adriana Vergara	2016	12.70
9	Megan Neiswenter	2017	12.70
10	Samantha Costello	2011	12.90

100 HH (Open)

1	Lauren Triarsi	2017	16.75
2	Claire Stevens-Haas	2010	16.80
3	Julia Csorba	2017	16.90
4	Sirena Van Epp	2009	17.00
5	Abigail Knaul	2017	17.68
6	Eileen Cook	2012	17.90
7	Hannah Purdy	2009	18.00
8	Soph Devita	2012	18.10
9	Veronica Murphy	2013	18.30
9	Madeleine Armstrong	2017	18.30
10	Alivia Scott	2017	19.10

100 HH (Relay)

1	Lauren Triarsi	2017	16.60
2	Julia Csorba	2017	17.20
3	Claire Stevens-Haas	2009	17.60
3	Abigail Knaul	2017	17.60
4	Sirena Van Epp	2009	17.80
5	Hannah Purdy	2009	18.30
5	Madeleine Armstrong	2017	18.30
6	Eva Boyes	2017	19.20
7	Alexis Murphy	2009	20.40

200 (Open)

1	Ashley Edwards	2010	25.70
2	Brooke Schaeffer	2016	26.20
3	Sophia Goldschmidt	2014	26.60
4	Katherine Ponce	2010	26.70
4	Hannah Hawkins	2016	26.70
5	Sirena Van Epp	2011	26.72
6	Kelly Irving	2009	26.85
7	Tani Horton	2016	26.97
8	Amanda Fischer	2013	27.00
9	Jenna Helfand	2014	27.04
10	Hannah Kronick	2010	27.20



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200 (Relay)

1	Ashley Edwards	2011	25.40
2	Katherine Ponce	2010	25.50
3	Jenna Helfand	2012	25.80
4	Kelly Irving	2009	26.20
4	Elena Chermak	2012	26.20
5	Sophia Goldschmidt	2014	26.30
5	Elizabeth Ponce	2014	26.30
5	Hannah Hawkins	2016	26.30
6	Tani Horton	2017	26.50
7	Adriana Vergara	2016	26.60
8	Amanda Fischer	2014	26.70
9	Hannah Kronick	2011	26.80
9	Sirena Van Epp	2011	26.80
9	Anna Browne	2014	26.80
10	Brooke Schaeffer	2014	26.90

300 (Open)

1	Jenna Helfand	2011	47.10
2	Samantha Costello	2010	47.30
3	Lily Burtness	2010	47.50
4	Sophia Goldschmidt	2010	48.20
5	Sarah Collins	2010	48.40
6	Sophia Devita	2011	48.50
7	Alex Hawkins	2010	49.40
7	Katherine Towers	2011	49.40
8	Veronica Murphy	2011	50.90
9	Ryan Kirby	2014	51.40
9	Adriana Vergara	2014	51.40
10	Ashley Black	2010	51.60

400 (Open)

1	Ashley Edwards	2011	56.68
2	Brooke Schaeffer	2016	57.90
3	Katherine Ponce	2010	58.44
4	Sophia Goldschmidt	2014	59.07
5	Amanda Fischer	2013	59.35
6	Emma Jackler	2017	59.60
7	Sirena Van Epp	2009	1:00.33
8	Lily Burtness	2013	1:00.89
9	Natalie Marcotullio	2015	1:00.90
10	Anna Simon	2011	1:00.91

400 (Relay)

1	Ashley Edwards	2011	56.40
2	Sirena Van Epp	2011	58.70

3	Brooke Schaeffer	2016	58.72
4	Amanda Fischer	2013	58.79
5	Katherine Ponce	2010	58.80
6	Sophia Goldschmidt	2013	58.87
7	Emma Jackler	2017	59.00
8	Kelly Irving	2009	59.40
8	Jenna Helfand	2014	59.40
9	Anna Simon	2011	1:00.40
9	Tani Horton	2017	1:00.40
10	Hannah Kronick	2011	1:00.80

400 IH (Open)

1	Julia Csorba	2017	1:06.67
2	Amanda Marcotullio	2012	1:08.10
3	Eileen Cook	2012	1:09.50
4	Brooke Schaeffer	2014	1:09.60
5	Sophia Devita	2010	1:10.00
6	Abigail Knaul	2017	1:10.67
7	Gabrielle Stravach	2012	1:10.69
8	Marie Koglin	2016	1:11.30
9	Meghan O Dwyer	2013	1:11.67
10	Noelle Rosa	2012	1:11.70

400 IH (Relay)

1	Amanda Marcotullio	2012	1:08.40
2	Eileen Cook	2012	1:08.70
3	Julia Csorba	2017	1:08.91
4	Sophia Devita	2010	1:09.70
5	Gabrielle Stravach	2012	1:10.80
6	Meghan O Dwyer	2013	1:11.98
7	Brooke Schaeffer	2013	1:12.29
8	Noelle Rosa	2012	1:12.66
9	Daniella Ciampa	2009	1:12.95
10	Marie Koglin	2016	1:13.05

600 (Open)

1	Lily Burtness	2011	1:48.70
2	Sophia Goldschmidt	2011	1:49.80
3	Hannah Kronick	2010	1:53.90
4	Eileen Cook	2011	1:55.90
5	Anne Maguire	2010	1:56.30
6	Mia Ballan	2011	1:57.90
7	Ashley Edwards	2010	1:58.00
8	Mariah Baker	2011	1:58.60
9	Amanda Fischer	2011	1:59.20
10	Brianna Parkinson	2011	1:59.80



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800 (Open)			
1	Brooke Schaeffer	2016	2:13.33
2	Emma Jackler	2017	2:18.87
3	Noelle Blackford	2016	2:20.14
4	Julia Myers	2016	2:20.42
5	Kaitlyn Johnson	2012	2:21.00
6	Amanda Marcotullio	2012	2:21.69
7	Natalie Marcotullio	2013	2:22.37
8	Kelly Morrison	2015	2:23.07
9	Ellie Callinan	2012	2:23.59
10	Devyn Heinzerling	2017	2:23.84

800 (Relay)			
1	Brooke Schaeffer	2016	2:13.90
2	Natalie Marcotullio	2013	2:17.50
3	Emma Jackler	2017	2:18.50
4	Gabrielle Stravach	2014	2:18.60
5	Julia Myers	2016	2:19.80
6	Noelle Blackford	2016	2:19.90
7	Devyn Heinzerling	2017	2:22.00
8	Kelly Morrison	2014	2:22.40
9	Kaitlyn Johnson	2012	2:22.50
10	Mia Melao	2017	2:22.80

1000 (Open)			
1	Kaitlyn Johnson	2011	3:18.80
2	Amanda Marcotullio	2011	3:25.30
3	Gabrielle Stravach	2011	3:35.10
4	Magda Magierski	2011	3:36.70
5	Allegra Larche	2011	3:37.80
6	Julia Levine	2011	3:38.30
7	Erica Fischer	2011	3:43.50
8	Emma Jackler	2014	3:45.00
9	Madeline Berry	2014	3:46.50
9	Gabrielle Brennan	2014	3:46.50
9	Caroline Stocking	2014	3:46.50
9	Julia Myers	2014	3:46.50
9	Eloise Hendricks	2014	3:46.50
10	Katherine Fox	2011	3:46.80

1200 (Open)			
1	Emma Jackler	2017	3:50.80
2	Mia Melao	2017	3:55.60
3	Devyn Heinzerling	2017	3:59.10
4	Taylor Bechtloff	2017	4:01.20
5	Brianna Hatch	2017	4:01.70

6 Sarah Hacker 2017 4:03.70

1200 (Relay)			
1	Kaitlyn Johnson	2012	3:50.70
2	Devyn Heinzerling	2017	3:53.50
3	Johanna Mermer	2013	3:54.70
4	Sarah Hacker	2017	3:55.50
5	Mia Melao	2016	3:55.60
5	Emma Jackler	2017	3:55.60
6	Erica Fischer	2014	3:57.30
7	Brianna Hatch	2017	3:59.70
8	Emily McBain	2013	4:01.70
9	Jessica Stern	2017	4:03.30
10	Alyssa Hatch	2009	4:03.60

1600 (Open)			
1	Gabrielle Stravach	2014	5:07.86
2	Mia Melao	2016	5:10.79
3	Julia Myers	2016	5:11.06
4	Kaitlyn Johnson	2012	5:12.84
5	Lisa Nehring	2009	5:19.64
6	Sarah Hacker	2017	5:20.10
7	Erica Fischer	2014	5:20.37
8	Devyn Heinzerling	2016	5:24.16
9	Emma Jackler	2017	5:25.90
10	Taylor Bechtloff	2017	5:27.75

1600 (Relay)			
1	Mia Melao	2016	5:17.60
2	Sarah Hacker	2017	5:18.50
3	Gabrielle Stravach	2014	5:22.10
4	Caroline Stockwell	2017	5:23.70
5	Erica Fischer	2014	5:27.40
6	Alyssa Hatch	2010	5:27.90
7	Brianna Hatch	2017	5:29.50
8	Lisa Nehring	2009	5:32.10
9	Johanna Mermer	2012	5:32.20
10	Kaitlyn Johnson	2012	5:33.40

2000 (Open)			
1	Alyssa Hatch	2010	7:46.20
2	Leigh Heinbokel	2011	7:46.40
3	Ellie Tanji	2010	7:53.60
4	Elisabeth Neylan	2011	7:57.60
5	Danielle Grimes	2010	8:00.90
6	Kathleen McCutcheon	2011	8:06.20



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3200 (Open)

1	Kaitlyn Johnson	2012	11:13.73
2	Gabrielle Stravach	2014	11:16.26
3	Sarah Hacker	2017	11:28.41
4	Erica Fischer	2014	11:32.47
5	Mia Melao	2017	11:37.00
6	Johanna Mermer	2012	11:44.56
7	Caroline Stockwell	2017	11:47.22
8	Brianna Hatch	2017	11:49.00
9	Caroline Stocking	2015	11:54.40
10	Taylor Bechtloff	2017	11:54.47

Discus (1.6 kg)

1	Keren Moncayo	2017	118' 08.00"
2	Erin Mackenzie	2015	91' 06.00"
3	Mae Devin	2015	90' 03.50"
4	Meghan Reilly	2012	89' 08.00"
5	Samantha Stravach	2017	87' 09.00"
6	Naimah Turner	2009	85' 04.50"
7	Ariel Burns	2009	84' 09.00"
8	Merve Pekdemir	2016	83' 08.00"
9	Ashley Kattak	2011	81' 10.00"
10	Christina Mosco	2013	79' 10.00"

High Jump

1	Alex Hawkins	2009	5' 00.00"
1	Ellie Callinan	2012	5' 00.00"
2	Anna Simon	2011	4' 10.00"
2	Audrey Callinan	2012	4' 10.00"
2	Julia Csorba	2017	4' 10.00"
3	Kelly Irving	2009	4' 08.00"
3	Jennifer Porch	2010	4' 08.00"
3	Veronica Murphy	2011	4' 08.00"
3	Emily Hutchinson	2012	4' 08.00"
3	Hannah Hawkins	2013	4' 08.00"
3	Rachel Mattessich	2013	4' 08.00"
3	Rita Murphy	2014	4' 08.00"
3	Lauren Triarsi	2017	4' 08.00"
4	Sara Nelson	2009	4' 06.00"
4	Sophia Devita	2011	4' 06.00"
4	Katarina Von Der	2013	4' 06.00"
4	Mia Melao	2016	4' 06.00"
4	Marie Koglin	2016	4' 06.00"
4	Eva Boyes	2017	4' 06.00"
5	Kelley Biglin	2012	4' 04.00"
5	Megan Mondon	2014	4' 04.00"

5	Madeleine Armstrong	2017	4' 04.00"
5	Abigail Knaul	2017	4' 04.00"
6	Sirena Van Epp	2009	4' 02.00"
6	Alexis Murphy	2011	4' 02.00"
6	Morgan Bowen	2012	4' 02.00"
6	Jessica Ripperger	2015	4' 02.00"
7	Lily DeFelice	2014	4' 01.00"
8	Elisa Niva	2009	4' 00.00"
8	Elise Ballan	2013	4' 00.00"
8	Julianne Aronson	2016	4' 00.00"
8	Ariana Alvarado	2016	4' 00.00"
9	Caroline Greenspan	2012	
9	Kimberly Burns	2015	

Javelin

1	Keren Moncayo	2017	128' 01.00"
2	Meghan Reilly	2013	123' 08.00"
3	Christina Mosco	2012	113' 04.00"
4	Samantha Stravach	2017	110' 07.00"
5	Mae Devin	2015	103' 08.50"
6	Samantha Costello	2011	101' 06.00"
7	Elizabeth Penczak	2010	97' 07.00"
8	Emily Mastrocola	2012	97' 06.00"
9	Kylinn Kraemer	2016	92' 01.00"
10	Ariel Burns	2009	85' 08.00"

Long Jump

1	Elena Chermak	2013	18' 05.00"
2	Hannah Hawkins	2016	16' 10.50"
3	Adriana Vergara	2017	16' 07.25"
4	Soph Devita	2012	16' 00.00"
5	Anna Browne	2013	15' 09.50"
6	Alexandra Piscitelli	2016	15' 09.00"
7	Claire Stevens-Haas	2009	15' 05.00"
8	Lily Burtness	2013	15' 03.00"
9	Lily DeFelice	2014	15' 02.00"
10	Casey Reimlinger	2009	14' 11.25"

Pole Vault

1	Claire Stevens-Haas	2010	10' 00.00"
1	Mae Devin	2014	10' 00.00"
2	Leah Norton	2017	9' 03.00"
3	Tess Brown	2016	9' 00.00"
3	Kylinn Kraemer	2016	9' 00.00"
4	Hannah Kronick	2011	8' 06.00"
5	Olivia Dunham	2011	8' 00.00"
5	Alex Kapadia	2012	8' 00.00"



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5	Ida Chen	2012	8' 00.00"
5	Olivia Mueller	2016	8' 00.00"
6	Elizabeth Penn	2014	7' 06.00"
7	Miranda Whelan	2014	7' 00.00"
7	Lauren Wang	2017	7' 00.00"
7	Zoe Tedeschi	2017	7' 00.00"
8	Taylor Kirby	2015	6' 06.00"
9	Emily J Harris	2009	6' 00.00"
9	Vivian Lee	2011	6' 00.00"
9	Kaitlyn Johnson	2011	6' 00.00"
10	Isabella Salerno	2014	5' 06.00"

Shot Put (8 lb)

1	Kyla Grodzka	2010	31' 08.00"
2	Keren Moncayo	2017	31' 05.50"
3	Mae Devin	2015	30' 02.50"
4	Oria Alexander	2012	29' 11.50"
5	Sara Nelson	2009	29' 08.00"
6	Erin Mackenzie	2016	29' 01.25"
7	Pinar Pekdemir	2016	28' 08.25"
8	Helen Delpopolo	2009	28' 04.00"
9	Sophia Barry	2011	27' 11.00"
10	Safiya Adams	2013	27' 01.50"

Triple Jump

1	Sirena Van Epp	2011	35' 01.00"
2	Elena Chermak	2015	34' 10.00"
3	Sarah Mccutcheon	2013	34' 06.50"
4	Soph Devita	2012	33' 11.00"
5	Anna Browne	2016	33' 09.00"
6	Hannah Hawkins	2016	33' 04.50"
7	Claire Stevens-Haas	2009	32' 09.75"
8	Ariana Alvarado	2016	31' 09.00"
9	Jenna Helfand	2012	31' 06.00"
10	Kelly Irving	2010	31' 05.00"