



All Time Individual Indoor Track & Field Records

55 (Open)

1	Jenna Helfand	2013	7.30
2	Elena Chermak	2013	7.50
2	Adriana Vergara	2015	7.50
3	Tani Horton	2016	7.60
4	Sophia Goldschmidt	2013	7.70
4	Hannah Hawkins	2015	7.70
5	Ashley Edwards	2011	7.73
6	Elise Ballan	2012	7.80
6	Kylinn Kraemer	2015	7.80
7	Sarah Collins	2010	7.90
7	Amanda Fischer	2013	7.90
7	Sadie Jezierski	2013	7.90
7	Ashley Gigon	2016	7.90
7	Diana Fitzmaurice	2016	7.90
8	Cali Chambliss	2012	8.00
8	Isabella Silber	2015	8.00
9	Hannah Kronick	2011	8.03
10	Lily Burtness	2009	8.10

55 HH (Open)

1	Claire Stevens-Haas	2009	9.30
2	Sirena Van Epp	2010	9.83
3	Lauren Triarsi	2015	10.00
4	Sophia Devita	2012	10.30
5	Eileen Cook	2012	10.70
6	Amanda Marcotullio	2011	10.75
7	Veronica Murphy	2012	10.98
8	Alexis Murphy	2011	11.16
9	Kelley Biglin	2010	11.90

55 HH (Relay)

1	Eileen Cook	2012	9.40
2	Amanda Marcotullio	2012	9.50
3	Sophia Devita	2012	9.60

200 (Open)

1	Ashley Edwards	2010	26.80
1	Jenna Helfand	2013	26.80
2	Sophia Goldschmidt	2013	27.40
3	Elena Chermak	2015	27.90
3	Tani Horton	2017	27.90
4	Amanda Fischer	2012	28.00
4	Lindsey Strauss	2015	28.00
4	Brooke Schaeffer	2015	28.00
4	Hannah Hawkins	2016	28.00

5	Natalie Marcotullio	2015	28.10
6	Adriana Vergara	2017	28.30
7	Lily Burtness	2010	28.50
7	Ashley Gigon	2017	28.50
8	Sadie Jezierski	2013	28.70
8	Anna Browne	2015	28.70
9	Samantha Bromberg	2015	29.10
10	Sarah Collins	2012	29.30

200 (Relay)

1	Sophia Goldschmidt	2013	26.40
2	Jenna Helfand	2012	26.80
3	Ashley Edwards	2011	26.90
4	Elena Chermak	2013	27.80
5	Hannah Kronick	2010	27.90
5	Tani Horton	2017	27.90
6	Amanda Fischer	2013	28.00
7	Brooke Schaeffer	2014	28.20
8	Hannah Hawkins	2016	28.30
9	Adriana Vergara	2017	28.40
10	Daniella Ciampa	2010	28.60

300 (Open)

1	Ashley Edwards	2009	43.20
2	Brooke Schaeffer	2015	44.70
3	Amanda Fischer	2012	45.28
4	Natalie Marcotullio	2014	45.70
5	Elena Chermak	2012	45.96
6	Jenna Helfand	2012	46.20
7	Hannah Hawkins	2015	46.30
8	Anna Browne	2014	46.40
9	Ryan Kirby	2016	46.70
10	Sophia Goldschmidt	2012	46.80

400 (Open)

1	Ashley Edwards	2011	59.38
2	Sophia Goldschmidt	2014	1:01.86
3	Amanda Fischer	2013	1:02.77
3	Brooke Schaeffer	2014	1:02.77
4	Natalie Marcotullio	2015	1:03.20
5	Megan Mondon	2014	1:03.60
6	Tani Horton	2017	1:03.70
7	Ryan Kirby	2017	1:04.30
8	Lindsey Strauss	2015	1:04.52
9	Kelly Morrison	2015	1:04.60
10	Amanda Marcotullio	2012	1:05.10



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400 (Relay)

1	Brooke Schaeffer	2016	1:00.10
2	Ashley Edwards	2011	1:00.62
3	Amanda Fischer	2013	1:01.60
3	Lily Burtness	2013	1:01.60
4	Emma Jackler	2017	1:01.70
5	Jenna Helfand	2014	1:01.90
6	Sophia Goldschmidt	2013	1:02.30
6	Natalie Marcotullio	2014	1:02.30
7	Kelly Morrison	2013	1:03.00
7	Julia Myers	2016	1:03.00
8	Lindsey Strauss	2015	1:03.30
9	Anna Browne	2015	1:04.10
10	Sirena Van Epp	2011	1:04.20

600 (Open)

1	Brooke Schaeffer	2015	1:42.90
2	Natalie Marcotullio	2014	1:45.50
3	Emma Jackler	2016	1:46.00
4	Julia Myers	2015	1:46.30
5	Noelle Blackford	2015	1:47.00
6	Meghan O Dwyer	2012	1:47.49
7	Lily Burtness	2012	1:48.11
8	Devyn Heinzerling	2016	1:49.60
9	Kelly Morrison	2013	1:50.66
10	Kaitlyn Johnson	2011	1:51.60

800 (Open)

1	Brooke Schaeffer	2016	2:17.13
2	Natalie Marcotullio	2014	2:20.70
3	Emma Jackler	2017	2:22.49
4	Kaitlyn Johnson	2012	2:26.61
5	Gabrielle Stravach	2013	2:27.53
6	Julia Myers	2015	2:27.95
7	Noelle Blackford	2016	2:28.24
8	Jessica Stern	2017	2:28.62
9	Emily McBain	2013	2:29.40
10	Lily Burtness	2013	2:30.22

800 (Relay)

1	Brooke Schaeffer	2016	2:16.20
2	Natalie Marcotullio	2014	2:20.00
3	Emma Jackler	2017	2:22.50
4	Kelly Morrison	2014	2:23.00
4	Julia Myers	2016	2:23.00
5	Gabrielle Stravach	2014	2:23.70

6	Mia Melao	2017	2:24.20
7	Noelle Blackford	2016	2:25.60
8	Kaitlyn Johnson	2012	2:25.70
9	Emily McBain	2013	2:27.30
10	Meghan O Dwyer	2013	2:27.70

1000 (Open)

1	Emily McBain	2012	3:16.70
2	Gabrielle Stravach	2012	3:21.60
3	Alyssa Hatch	2011	3:24.37
4	Jessica Stern	2016	3:25.10
5	Brooke Schaeffer	2015	3:25.50
6	Emma Jackler	2015	3:26.50
7	Julia Myers	2015	3:27.10
8	Gabrielle Brennan	2015	3:28.90
9	Taylor Bechtloff	2015	3:29.60
10	Cindy Qiang	2015	3:29.70

1000 (Relay)

1	Allegra Larche	2012	3:36.60
2	Madeline Berry	2014	3:37.20
3	Cindy Qiang	2014	3:38.10
4	Leigh Heinbokel	2013	3:38.40
5	Danielle Grimes	2010	3:39.70
6	Nicole Pazdro	2010	3:44.50
7	Magda Magierski	2014	3:46.60
8	Bernadette Latimer	2013	3:49.20
9	Kristen Pazdro	2012	3:49.70
10	Erica Fischer	2012	3:51.20

1200 (Relay)

1	Emily McBain	2012	4:04.00
2	Alyssa Hatch	2010	4:05.70
3	Gabrielle Brennan	2014	4:08.30
4	Erica Fischer	2013	4:09.00
5	Sarah Hacker	2017	4:11.20
6	Cindy Qiang	2015	4:13.80
7	Brianna Hatch	2017	4:15.30
8	Eloise Hendricks	2016	4:18.80
9	Ellie Tanji	2011	4:20.60
10	Magda Magierski	2011	4:22.30

1600 (Open)

1	Gabrielle Stravach	2014	5:09.40
2	Erica Fischer	2014	5:22.10
3	Kaitlyn Johnson	2012	5:23.18
4	Mia Melao	2017	5:30.33



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5	Meghan O Dwyer	2015	5:31.06	3	Jennifer Porch	2009	4' 06.00"
6	Johanna Mermer	2013	5:31.90	3	Veronica Murphy	2012	4' 06.00"
7	Gabrielle Brennan	2014	5:33.98	3	Elise Ballan	2012	4' 06.00"
8	Caroline Stocking	2015	5:35.40	3	Rita Murphy	2012	4' 06.00"
9	Taylor Bechtloff	2017	5:36.40	3	Eva Boyes	2017	4' 06.00"
10	Emma Jackler	2016	5:39.80	4	Kelley Biglin	2009	

1600 (Relay)

1	Erica Fischer	2014	5:29.80
2	Johanna Mermer	2013	5:36.00
3	Caroline Stocking	2015	5:38.60
4	Cindy Qiang	2016	5:45.60
5	Alyssa Hatch	2010	5:46.50
6	Brianna Hatch	2017	5:49.20
7	Eloise Hendricks	2016	5:56.80
8	Shannon Mooney	2010	6:04.60
9	Danielle Grimes	2012	6:06.00
10	Leigh Heinbokel	2012	6:08.20

2000 (Open)

1	Mia Melao	2016	7:04.00
2	Johanna Mermer	2012	7:12.10
3	Caroline Stocking	2014	7:25.60
4	Brianna Hatch	2016	7:26.00
5	Alyssa Hatch	2009	7:26.50
6	Cindy Qiang	2016	7:27.00
7	Grace Morgan	2016	7:27.30
8	Sarah Hacker	2016	7:29.00
9	Elisabeth Neylan	2012	7:29.90
10	Naomi Long	2015	7:33.10

3200 (Open)

1	Johanna Mermer	2013	11:36.25
2	Erica Fischer	2014	11:39.02
3	Gabrielle Stravach	2014	11:41.35
4	Caroline Stocking	2015	11:57.94
5	Brianna Hatch	2017	11:58.60
6	Elisabeth Neylan	2013	12:13.03
7	Sarah Hacker	2017	12:21.95
8	Gabrielle Brennan	2015	12:31.18
9	Cindy Qiang	2017	12:36.66
10	Alyssa Hatch	2011	12:40.51

High Jump

1	Alex Hawkins	2010	4' 10.00"
1	Hannah Hawkins	2014	4' 10.00"
2	Sophia Devita	2012	4' 08.00"

4	Natalie Marcotullio	2011	
4	Julianne Aronson	2017	

Pole Vault

1	Claire Stevens-Haas	2010	9' 06.00"
2	Leah Norton	2017	8' 06.00"
3	Brooke Schaeffer	2012	5' 06.00"

Shot Put (8 lb)

1	Erica Lawrence	2017	35' 10.50"
2	Kyla Grodzka	2010	31' 00.00"
3	Keren Moncayo	2016	30' 11.00"
4	Oria Alexander	2011	27' 02.25"
5	Sophia Barry	2011	25' 09.50"
6	Erin Mackenzie	2015	25' 07.25"
7	Jill Pate	2009	24' 09.50"
8	Elise Ballan	2014	24' 09.00"
9	Elaina Kujawski	2010	24' 05.00"
10	Pinar Pekdemir	2016	23' 10.50"