



## Individual All Time XC Records - Horseshoe Lake Park

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### 2.2 miles

1	Matthew Russo	2011	12:26.00
2	Ryan Siegel	2012	12:35.00
3	Andrew Kirna	2007	13:00.00
3	Zachary Lizmi	2007	13:00.00
4	Matthew Luppino	2010	13:03.00
5	Darian Siegel	2012	13:05.00
6	Brian Johnson	2011	13:06.00
6	Nicholas Antonelli	2012	13:06.00
7	William Chandler	2011	13:21.00
8	Justin Fernandez	2011	13:28.00
8	Michael Masciale	2012	13:28.00
9	Joseph Johnston	2011	13:31.00
10	John Kirna	2008	13:36.00

### 2.9 Miles

1	Matthew Luppino	2012	15:05.00
2	Rob Marczynlo	2012	15:27.00
3	Philip Edwards	2012	15:35.00
4	Michael Reilly	2012	15:37.00
5	Jason Colasanti	2012	15:39.00
6	Daniel Luzzi	2012	15:40.00
7	Patrick Terry	2012	15:45.00
8	Jimmy Jin	2012	16:03.00
9	Matthew Russo	2012	16:06.00
9	John Campbell	2012	16:06.00
10	Dalton Herzog	2012	16:07.00

### 5000

1	John Kirna	2011	15:45.00
1	Jack Leahy	2011	15:45.00
2	Evan Friedman	2007	16:14.00
3	Michael Kelley	2009	16:15.00
4	David Carville	2011	16:17.00
5	Zachary Lizmi	2010	16:21.00
6	Kevin Ingram	2011	16:26.00
7	Andrew Kirna	2009	16:27.00
8	Sam Tooley	2010	16:28.00
9	Matthew Luppino	2011	16:31.00
10	Alex Tarlow	2007	16:37.00