



All Time Individual Outdoor Track & Field Records

55 (Open)

1	Jhakyse Williams	2009	6.40
2	Sid Douglas	2012	6.50
3	Jonathan Henry	2009	6.60
3	Bjorn Charlery	2011	6.60
3	Kyle Star	2011	6.60
4	Craig Cognetti	2007	6.70
4	Zachary Helfand	2009	6.70
4	Andrew Gates	2009	6.70
4	Ian Mackenzie	2009	6.70
4	Robert Ciardullo	2011	6.70
4	Jack Neiswenter	2016	6.70
4	Robert Brown	2017	6.70
4	Jackson O'Brien	2017	6.70
5	Kyle Star	2009	6.80
5	Eric Kowalski	2009	6.80
5	Phil Dwyer	2016	6.80
5	Jacob Saltzer	2017	6.80
6	Todd Saunders	2007	6.90
6	Connor Shields	2009	6.90
6	Robert Mckeon	2009	6.90
6	Jonathan	2012	6.90
6	Josh Capistrano	2013	6.90
6	Coston O'Brien	2016	6.90
7	Adam Bergo	2007	7.00
7	Daniel Maran	2012	7.00
7	Paul Lizzo	2012	7.00
7	Collin McDonald	2014	7.00
7	Chris Sawyer	2016	7.00
7	Eric Knauss	2016	7.00
7	Matt Shendell	2017	7.00
7	Devin Wendel	2017	7.00
7	Ryjon Burke	2017	7.00
8	Dan Markowski	2007	7.10
8	Gerard Pierre	2007	7.10
8	Alex DeFreitas	2005	7.10
8	Brian Burdulia	2005	7.10
8	Alex Ying	2010	7.10
8	Daniel Juliao	2012	7.10
8	Alex Lopez	2013	7.10
8	Daniel Gigon	2014	7.10
8	Damian DeCandia	2016	7.10
8	Sean Riccardi	2017	7.10
8	Will Surks	2017	7.10
9	Michael Forgash	2007	7.20
9	Eric Brandman	2005	7.20

9	Woody Handza	2005	7.20
9	Alex Hay	2009	7.20
9	Christopher Prasek	2012	7.20
9	Nicholas Mennona	2012	7.20
9	Sam Sokolin	2012	7.20
9	Jackson Dumont	2014	7.20
9	Gregory Gao	2014	7.20
9	Joe Mandel	2014	7.20
9	Spencer Rothfleisch	2016	7.20
9	Quinn Priscoe	2017	7.20
9	Roberto Uehara	2017	7.20
10	Justin Erickson	2007	7.30

55 HH (Open)

1	Tyler Maccubbin	2005	7.80
2	Adam Bergo	2007	8.40
2	Craig Cognetti	2007	8.40
3	Cameron McLaughlin	2016	8.50
3	Mark Fico	2016	8.50
4	Max Sugarman	2007	8.60
4	Nicholas	2017	8.60
5	Connor Shields	2009	8.70
6	Richie Scialabba	2005	8.90
6	Adam Rubin	2007	8.90
6	Zachary Helfand	2009	8.90
7	Christopher Prasek	2014	9.00
8	Alex Kao	2005	9.10
8	Frankie Pinney	2012	9.10
9	Nicholas Polak	2009	9.20
10	Kevin Hennessey	2007	9.30

65 (Open)

1	Sid Douglas	2015	7.50
2	Nick Greenspan	2015	7.90
2	Robert Brown	2015	7.90
3	Alex DeFreitas	2006	8.10
4	Todd Saunders	2006	8.20
4	Michael Mathews	2006	8.20
4	Chris Sawyer	2015	8.20
5	Tim Woods	2006	8.40
5	Dan Audino	2015	8.40
6	Mike Weinberg	2006	8.50
6	Gerard Pierre	2006	8.50
6	Logan Gibbs	2015	8.50
7	Greg O'Brien	2006	8.60
7	Steve Zucker	2015	8.60
7	Yallen Bai	2015	8.60



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8	Damian DeCandia	2015	8.70	8	Ishmael Glasco	2015	11.20
8	Jackson O'Brien	2015	8.70	8	Jelani Pierre	2016	11.20
9	Donny deRojas	2006	8.80	8	Phil Dwyer	2017	11.20
9	Jacob Saltzer	2015	8.80	9	Michael Mathews	2006	11.30
9	Ajay Olson	2015	8.80	9	Dennis McGorty	1987	11.30
10	Spencer Kimmins	2006	9.00	9	Erwyn Lyght	1994	11.30

1.0 mile (Open)

1	Alex Furlong	2007	5:45.00
2	Connor Shields	2007	5:48.00
3	Zachary Helfand	2007	6:07.00
3	Justin Erickson	2007	6:07.00
4	Dennis Bartsch	2007	6:11.00
5	Justin White	2007	6:14.00
6	Steven Obiajulu	2007	6:25.00

100 (Open)

1	Ken Pope	1981	10.30
2	Tony Tiller	1986	10.50
3	Marcus Graham	2006	10.70
3	Wayne Tiller	1983	10.70
4	Laquan Mccoy	2002	10.80
4	Jhakyse Williams	2010	10.80
5	Ricardo Johnson	2009	10.90
5	Mike Henry	1981	10.90
5	Kelvin Blanton	1983	10.90
5	Rich Forbes	1982	10.90
5	Robert Ciardullo	2012	10.90
6	Allen Smith	1980	11.00
6	Leroy Gallman	1989	11.00
6	Adam Lupicki	2013	11.00
6	Sid Douglas	2016	11.00
6	Jack Neiswenter	2017	11.00
7	Todd Saunders	2008	11.10
7	Mark Giacone	1986	11.10
7	Ken Silverman	1993	11.10
7	Alex Falk	2003	11.10
7	Jonathan Henry	2010	11.10
7	Kyle Star	2010	11.10
7	Bjorn Charlery	2012	11.10
7	Nick Greenspan	2016	11.10
8	Eric Williams	2009	11.20
8	Noby Ohta	1983	11.20
8	Andrew Gates	2010	11.20
8	Brendan Dugan	2012	11.20
8	Kyle Star	2012	11.20
8	Josh Capistrano	2015	11.20

100 (Relay)

1	Jelani Pierre	2016	10.30
1	Sid Douglas	2016	10.30
2	Jonathan Henry	2010	10.40
2	Jhakyse Williams	2010	10.40
3	Robert Ciardullo	2012	10.50
3	Nick Greenspan	2016	10.50
4	Ricardo Johnson	2008	10.60
4	Justin Ricardo	2009	10.60
4	Ishmael Glasco	2015	10.60
4	Robert Brown	2017	10.60
5	Kyle Star	2010	10.70
5	Bjorn Charlery	2011	10.70
5	Adam Lupicki	2013	10.70
5	Paul Lizzo	2013	10.70
5	Dan Audino	2017	10.70
6	Todd Saunders	2009	10.80
7	Andy Brill	2007	10.90
7	Michael Forgash	2008	10.90
7	Jordan Johnson	2009	10.90
7	Aswad Turner	2010	10.90
7	Garrett Pryor	2011	10.90
7	Kyle Star	2012	10.90
7	Jacob Vergara	2012	10.90
7	Jack Neiswenter	2017	10.90
8	Malcolm Allen	2007	11.00
8	Michael Mathews	2006	11.00
8	Alex Hay	2011	11.00
8	Brendan Dugan	2012	11.00
8	Daniel Juliao	2014	11.00
9	Gerard Pierre	2007	11.10
9	Marcus Graham	2006	11.10
9	Daniel Gigon	2015	11.10
9	Phil Dwyer	2016	11.10



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9	Coston O'Brien	2017	11.10
10	Wesley Belle	2008	11.20

110 HH (Open)

1	Kevin McGorty	1983	13.90
2	Dennis McGorty	1987	14.10
3	Jeff Kasko	1982	14.30
4	Mark Schafer	1981	14.70
5	Bob Jackson	1980	14.90
6	Steve Barden	1983	15.20
6	Rischon Williams	1993	15.20
7	Adam Bergo	2008	15.30
7	Jeremy Romine	1993	15.30
8	Chris Blanding	1993	15.40
9	Adam Sommerstein	1982	15.60
9	Kevin Toth	1991	15.60
10	Tyler Maccubbin	2006	15.70

110 HH (Relay)

0	Tyler Maccubbin	2006	15.70
1	Cameron McLaughlin	2016	17.60
2	Kyle McIntyre	2016	17.90
3	Richie Scialabba	2006	18.00
4	Mark Fico	2016	18.90
5	Max Sugarman	2006	19.70
6	Sam Reichbach	2006	20.50

2.0 miles (Open)

1	Evan Friedman	2007	10:43.00
2	Ryan Scudato	2007	10:59.00
3	Andrew Kirna	2007	11:02.00
3	Andrew Marra	2007	11:02.00
4	Brendan Berkowitz	2007	11:03.00
4	Ross Tucker	2007	11:03.00
4	Gus Gibbons	2007	11:03.00
5	Eric Hagstrom	2007	11:28.00
6	Robert Angus	2007	11:32.00
6	Joseph Martoglio	2007	11:32.00
7	Joshua Einbinder	2007	11:39.00
8	Michael Kelley	2007	11:42.00
9	Tianyou Xu	2007	11:50.00
10	Michael Fietkiewicz	2007	11:51.00

200 (Open)

1	Tony Tiller	1986	21.10
2	Rich Forbes	1982	21.20
3	Barron Chambliss	1982	21.30

4	Kelvin Blanton	1983	21.80
5	Wayne Tiller	1983	21.90
6	Jhakyse Williams	2008	22.10
6	Russ Savage	1981	22.10
6	Adam Walker	2001	22.10
6	Adam Lupicki	2013	22.10
7	Chris Blanding	1993	22.20
7	Diano Reavis	2002	22.20
8	Todd Saunders	2008	22.30
8	Mike Henry	1980	22.30
8	Bill Byrne	1983	22.30
8	Jamal Hester	1993	22.30
8	Jonathan Henry	2010	22.30
8	Sid Douglas	2015	22.30
8	Nick Greenspan	2016	22.30
9	Ricardo Johnson	2009	22.40
9	Mark Giacone	1986	22.40
9	Laquan Mccoy	2002	22.40
9	Robert Ciardullo	2012	22.40
10	Allen Smith	1980	22.50

200 (Relay)

1	Jonathan Henry	2010	21.70
2	Robert Ciardullo	2012	21.80
3	Chris Williams	2010	21.90
3	Sid Douglas	2013	21.90
3	Jelani Pierre	2016	21.90
4	Ricardo Johnson	2008	22.20
4	Patrick Gray	2010	22.20
4	Bjorn Charlery	2013	22.20
5	Todd Saunders	2009	22.30
5	Jhakyse Williams	2009	22.30
6	Garrett Pryor	2011	22.40
6	Phil Dwyer	2017	22.40
7	Ishmael Glasco	2016	22.50
7	Nick Greenspan	2016	22.50
8	Andrew Gates	2010	22.70
8	Kyle Star	2012	22.70
8	Robert Brown	2017	22.70
8	Dan Audino	2017	22.70
8	Cameron McLaughlin	2017	22.70
9	Brendan Dugan	2012	22.80
9	Jacob Vergara	2012	22.80
9	Adam Lupicki	2013	22.80
10	Craig Cognetti	2008	22.90



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300 (Open)

1	Jhakyse Williams	2009	36.30
2	Jonathan Henry	2009	36.80
3	Robert Brown	2017	36.90
4	Robert Ciardullo	2011	37.00
4	Sid Douglas	2014	37.00
5	Craig Cognetti	2007	37.20
6	Zachary Helfand	2009	37.60
7	Adam Lupicki	2011	37.80
7	Coston O'Brien	2016	37.80
8	Ian Mackenzie	2009	37.90
9	Chris Sawyer	2016	38.00
10	Nick Greenspan	2015	38.10

400 (Open)

1	Roger Albertson	1987	20.90
2	Tony Tiller	1986	46.80
3	Jonathan Henry	2010	48.21
4	Barron Chambliss	1982	48.40
5	Wayne Tiller	1983	48.70
6	Kelvin Blanton	1983	48.90
6	Bill Byrne	1983	48.90
7	Rich Forbes	1981	49.20
8	Russ Savage	1981	49.30
9	Adam Walker	2001	49.50
10	Nick Greenspan	2016	49.51

400 (Relay)

1	Jonathan Henry	2010	47.50
2	Adam Lupicki	2013	49.10
3	Patrick Gray	2010	49.40
4	Sid Douglas	2016	49.50
5	Jhakyse Williams	2010	49.60
5	Cameron McLaughlin	2017	49.60
6	Dan Audino	2017	49.70
7	Chris Williams	2010	49.90
7	Nick Greenspan	2016	49.90
7	Robert Brown	2017	49.90
8	Ricardo Johnson	2009	50.10
9	Jacob Vergara	2012	50.40
10	Alex Hay	2012	50.50

400 IH (Open)

1	Dennis McGorty	1987	53.30
2	Adam Bergo	2008	54.90
3	Kevin McGorty	1983	55.20

3	Chris Blanding	1993	55.20
4	Cameron McLaughlin	2017	55.83
5	Rischon Williams	1993	56.40
6	Mark Schafer	1981	56.50
7	John Schafer	1982	56.60
8	Craig Cognetti	2008	57.10
9	Jeff Kasko	1982	57.30
10	Tyler Maccubbin	2006	57.50

400 IH (Relay)

1	Adam Bergo	2008	56.70
2	Cameron McLaughlin	2016	58.02
3	Craig Cognetti	2008	58.30
4	Nicholas Polak	2010	58.50
5	Chris Jimenez	2012	58.80
6	Christopher Prasek	2015	59.25
7	Brian Henry	2009	59.30
8	Kyle McIntyre	2016	59.53
9	Frankie Pinney	2014	59.80
10	Michael Depaolo	2012	60.30

440 Y (Relay)

1	Jason Colasanti	2010	60.90
2	Ashtyn Chen	2010	61.00
3	Rob Marczydlo	2010	61.30

600 (Open)

1	Jonathan Henry	2010	1:23.70
2	Kevin Smith	2012	1:25.30
3	Nick Antonelli	2015	1:25.70
4	Kevin Ingram	2011	1:26.40
5	Kevin Ramos	2010	1:26.80
6	Daniel Luzzi	2012	1:26.90
7	Daniel Kuhn	2012	1:27.30
8	Patrick Terry	2012	1:27.40
9	Alex Tarlow	2006	1:27.70
9	Spencer Weigand	2016	1:27.70
10	Jake Triarsi	2016	1:28.10

800 (Open)

1	Cliff Sheehan	1981	1:54.60
2	Jonathan Henry	2010	1:54.84
3	Kevin Ingram	2012	1:55.14
4	Spencer Weigand	2017	1:55.81
5	Sam Tooley	2011	1:55.87
6	Brian Bernstein	1983	1:55.90
7	Peter Anzelone	1999	1:56.60



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8	Matt Elmuccio	1994	1:56.80
9	Matthew Luppino	2013	1:56.86
10	Russ Savage	1981	1:56.90

800 (Relay)

1	Matthew Luppino	2014	1:54.60
2	Daniel Luzzi	2013	1:55.50
3	Sam Tooley	2011	1:55.60
4	Jonathan Henry	2011	1:55.70
5	Kevin Ingram	2012	1:56.50
6	Tyler Cusick	2010	1:56.90
7	Kevin Smith	2013	1:57.20
8	Joshua Einbinder	2009	1:57.40
9	William Chandler	2014	1:57.70
10	Spencer Weigand	2017	1:57.90

1000 (Open)

1	Matthew Luppino	2012	2:38.10
2	Andrew Kirna	2010	2:40.60
3	Tyler Cusick	2009	2:40.80
4	Kris Kagan	2005	2:41.00
5	Zachary Lizmi	2010	2:41.70
6	Sam Tooley	2010	2:42.00
7	Michael Kelley	2009	2:42.30
8	Evan Friedman	2006	2:42.80
9	Jack Leahy	2010	2:43.00
10	Ryan Scudato	2009	2:44.10

1200 (Open)

1	Kevin Smith	2012	3:11.40
2	Jack Leahy	2012	3:12.30
3	Matthew Luppino	2012	3:12.50
4	Kevin Ingram	2012	3:12.90
5	Jeffrey Perrella	2006	3:13.00
6	Lawrence Ho	1994	3:14.80
7	Rob Broadbent	2004	3:17.90
8	Tyler Cusick	2010	3:18.20
9	John Kirna	2012	3:18.60
10	Ted Kilcommons	1994	3:19.00

1200 (Relay)

1	Jason Colasanti	2010	2:18.90
2	Andrew Flood	2006	2:20.30
3	Julian Applebaum	2006	2:22.70
4	Matthew Luppino	2014	3:11.40
5	Kevin Smith	2013	3:11.70
6	Alex Tarlow	2007	3:11.90

7	Jack Leahy	2011	3:12.40
8	Tyler Cusick	2010	3:12.70
8	Andrew Kirna	2011	3:12.70
9	Matthew Russo	2015	3:13.30
10	William Chandler	2014	3:13.70

1500 (Open)

1	Cliff Sheehan	1981	3:52.30
2	Dave Fitzgerald	1981	3:56.30
3	Dan Avis	1990	4:01.70
4	Tim Yockel	1986	4:04.30
5	Matt Elmuccio	1994	4:04.80
6	Andy Jacob	1982	4:05.40
7	John Cacchione	1981	4:10.00
8	Lawrence Ho	1994	4:12.70
9	Greg Kasko	1981	4:18.20
10	Karl Trenker	1981	4:20.60

1600 (Open)

1	Dave Fitzgerald	1982	4:14.80
2	Cj Dodge	2001	4:15.10
3	Andrew Kirna	2011	4:15.48
4	Matthew Luppino	2014	4:16.56
5	Andy Jacob	1984	4:17.00
6	Jack Leahy	2012	4:18.02
7	Greg Kasko	1983	4:18.50
8	Matthew Russo	2015	4:18.87
9	Matt Elmuccio	1994	4:20.96
10	Philip Edwards	2013	4:22.43

1600 (Relay)

1	Jeffrey Perrella	2006	4:13.60
2	Jack Leahy	2012	4:21.20
3	Andrew Kirna	2011	4:22.20
3	Matthew Russo	2015	4:22.20
4	Matthew Luppino	2013	4:22.80
5	Philip Edwards	2014	4:25.10
6	Alex Tarlow	2008	4:25.50
7	Zachary Lizmi	2010	4:25.70
8	Kevin Smith	2013	4:27.20
9	Ryan Scudato	2009	4:28.20
10	Nick Antonelli	2016	4:28.40

2000 (Open)

1	Matthew Luppino	2011	6:01.80
2	Evan Friedman	2007	6:07.80
3	Andrew Kirna	2009	6:10.20



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4	John Kirna	2009	6:10.40	3	Drew Rountree	1990	147' 06.00"
5	Ryan Siegel	2015	6:14.50	4	Vin Lotano	1984	146' 03.00"
6	Michael Reilly	2011	6:16.60	5	Eric Kilponen	1981	145' 11.00"
7	Cooper Brennan	2016	6:18.40	6	Dan Ginsburg	1987	143' 10.00"
8	Alexander Hall	2015	6:19.20	7	Phil Kwasek	1980	142' 07.00"
9	Matthew Russo	2012	6:20.00	8	Nick Buontempo	2015	142' 06.00"
10	John Campbell	2011	6:21.70	9	Myron Pilecki	1984	140' 02.00"
				10	Coston O'Brien	2017	139' 06.00"

2400 (Open)

1	Matthew Russo	2013	7:27.60
2	Philip Edwards	2013	7:40.60
3	Michael Esler	2013	8:03.90

3000 (Open)

1	Cliff Sheehan	1981	8:46.50
2	John Cacchione	1981	8:57.00
3	Dave Fitzgerald	1981	9:06.50
4	Craig Russell	1987	9:08.90
5	John Dowell	1986	9:12.00
6	Tom Splaine	1982	9:13.00
7	Greg Kasko	1982	9:15.00
8	Nick S.	1994	9:20.00
9	Karl Trenker	1981	9:32.00
10	Don Cambria	1994	9:38.70

3200 (Open)

1	Andy Jacob	1984	9:09.80
2	Dave Fitzgerald	1982	9:12.80
3	Andrew Kirna	2011	9:18.26
4	Jeffrey Perrella	2006	9:20.80
5	Jack Leahy	2011	9:25.59
6	Matthew Russo	2015	9:25.92
7	Philip Edwards	2013	9:30.22
8	Ryan Siegel	2016	9:38.69
9	Greg Kasko	1983	9:38.90
10	Ryan Scudato	2009	9:40.20

5000 (Open)

1	Ryan Siegel	2016	16:06.44
2	Aditya Singh	2016	16:21.89
3	Alexander Hall	2016	16:42.21
4	Ethan Belka	2017	16:54.05
5	Zach Spergel	2017	16:58.14

Discus (1.6 kg)

1	Mike Lasher	1980	155' 01.00"
2	Drew Carey	1987	154' 06.00"

High Jump

1	Mike Henry	1981	20' 10.25"
2	Jeff Kasko	1981	20' 02.50"
3	Kevin McGorty	1981	19' 08.25"
4	Russ Savage	1981	19' 05.00"
5	Rich Forbes	1981	18' 04.00"
6	Dennis McGorty	1987	6' 08.00"
7	Adam Bergo	2008	6' 06.00"
7	Adam Wendel	2002	6' 06.00"
8	Derrell Nottingham	1980	6' 04.00"
8	Jamal Hester	1993	6' 04.00"
8	Joseph Obiajulu	2013	6' 04.00"
9	Michael Depaolo	2012	6' 03.00"
10	Jordan Johnson	2008	6' 02.00"

Javelin

1	Kevin McGorty	1983	204' 05.00"
2	Mike Holiday	1987	199' 02.00"
3	Brandon Heroux	2008	197' 00.00"
4	Patrick Gray	2010	194' 10.00"
5	Eric Kilponen	1981	189' 01.00"
6	Mike Lasher	1980	179' 02.00"
7	Mitch Bryk	2015	175' 08.00"
8	Eric Klezer	1990	170' 00.00"
9	Joe San Giacomo	2017	168' 11.00"
10	Dave Perez	2003	168' 07.00"

Long Jump

1	Adam Bergo	2007	20' 75.00"
2	Michael Depaolo	2012	19' 75.00"
3	Jamal Hester	1993	23' 03.00"
4	Kevin McGorty	1983	23' 01.50"
5	Leroy Gallman	1989	22' 09.50"
6	Tony Tiller	1986	22' 08.25"
7	Phil Dwyer	2017	22' 08.00"
8	Jelani Pierre	2016	22' 00.50"
9	Malcolm Allen	2008	22' 00.00"
9	Richard Miller	2002	22' 00.00"



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9	Chris Jimenez	2012	22' 00.00"
10	Wayne Tiller	1983	21' 07.00"

Pole Vault

1	Peter Fagan	2013	16' 00.00"
2	Kevin McGorty	1983	14' 07.00"
3	Michael Gorski	2004	14' 00.00"
3	Mike Woods	2004	14' 00.00"
4	David Fishman	2010	13' 09.00"
5	John Stelmach	2012	13' 06.00"
6	Karl Koederitz	1986	13' 03.00"
7	Henry Zhang	2009	13' 00.00"
7	Tim Metzger	1981	13' 00.00"
7	Matt Cordasco	1989	13' 00.00"
7	Joe Hubbard	2002	13' 00.00"
7	Theo Brunson	2015	13' 00.00"
8	Mike Porch	2007	12' 06.00"
8	Tim Woods	2009	12' 06.00"
8	Bob Federici	1980	12' 06.00"
8	Ken Hurley	1981	12' 06.00"
8	Hung Song	1984	12' 06.00"
8	Dennis McGorty	1986	12' 06.00"
8	Jeff Sherman	1987	12' 06.00"
8	Peter Foltz	2013	12' 06.00"
8	Chase Skibitsky	2014	12' 06.00"
9	Dan Markowski	2008	12' 00.00"
9	Eric Brandman	2007	12' 00.00"
9	Matt Shaffer	2007	12' 00.00"
9	Rob Carney	1984	12' 00.00"
9	Scott Kenny	1999	12' 00.00"
9	Josh Ray	1999	12' 00.00"
9	Justin Butler	2010	12' 00.00"
9	Nick Carayannopoulos	2014	12' 00.00"
10	Mike Dineen	1984	11' 06.00"

Shot Put (12 lb)

1	Drew Carey	1987	60' 11.50"
2	Mike Lasher	1980	53' 06.00"
3	Drew Rountree	1991	51' 06.00"
4	Maurice Barnett	1990	51' 04.00"
5	Coston O'Brien	2017	50' 05.25"
6	Vin Lotano	1984	50' 04.50"
7	Sal Pafumi	1982	50' 04.00"
8	Erik Anderson	2007	49' 09.50"
9	Jeff Gagum	2017	47' 03.00"
10	Myron Pilecki	1984	46' 07.00"

Shot Put (4 kg)

1	Nicholas Calello	2009	37' 07.50"
2	Daniel Maran	2011	32' 10.00"
3	Ellis Opoku	2009	31' 08.00"
4	Nicholas Knepper	2009	29' 10.00"
5	Andrew Schwarz	2009	29' 00.50"
6	Kevin Anderson	2009	28' 11.00"
7	Russell Browning	2009	26' 11.50"
8	Michael Osborne	2009	26' 01.00"
9	Ozan Oral	2009	22' 04.00"

Triple Jump

1	Malcolm Allen	2008	43' 75.00"
2	Adam Bergo	2008	46' 08.25"
3	Mike Henry	1981	43' 09.50"
4	Declan Fitzmaurice	2012	43' 02.00"
5	Nick Lawrie	2016	43' 00.50"
6	Michael Depaolo	2012	42' 11.00"
7	Jonathan ..	2014	42' 09.25"
8	Chris Jimenez	2012	41' 06.25"
9	Manny Mills	2008	40' 07.00"
10	Nicholas Polak	2010	40' 03.50"