



All Time Individual Indoor Track & Field Records

55 (Open)

1	Frank Kelly	1900	6.10
2	Tony Tiller	1900	6.40
2	Darryl McMiller	1900	6.40
2	Glen Kehler	1900	6.40
2	Glenn Miller	1900	6.40
2	Allen Smith	1900	6.40
2	Mike Henry	1900	6.40
2	Jhakyse Williams	2009	6.40
3	Angie Willmott	1900	6.50
3	Brock Coleman	1900	6.50
3	Ken Blackwell	1900	6.50
3	Marvan Palmer	1900	6.50
3	Tom Tavares	1900	6.50
3	Butch Woolfolk	1900	6.50
3	Todd Saunders	2009	6.50
4	Jonathan Henry	2010	6.60
4	Andrew Gates	2010	6.60
5	Ian Mackenzie	2009	6.70
5	Robert Ciardullo	2012	6.70
5	Kyle Star	2012	6.70
5	Jack Neiswenter	2016	6.70
5	Coston O'Brien	2017	6.70
6	Michael Mathews	2008	6.80
6	Robert Mckeon	2010	6.80
6	Kyle Star	2010	6.80
6	Robert Brown	2016	6.80
6	Nick Greenspan	2016	6.80
6	Quinn Priscoe	2018	6.80
7	Sid Douglas	2015	6.82
8	Bjorn Charlery	2012	6.89
9	Alex DeFreitas	2006	6.90
9	Josh Capistrano	2013	6.90
9	Daniel Gigon	2014	6.90
9	Chris Sawyer	2016	6.90
9	Dan Audino	2016	6.90
9	Phil Dwyer	2016	6.90
9	Steve Zucker	2017	6.90
9	Eric Knauss	2017	6.90
9	Devin Wendel	2018	6.90
9	Will Surks	2018	6.90
10	David Ballan	2008	7.00

55 HH (Open)

1	Kevin McGorty	1900	7.40
1	Keith Davis	1900	7.40

1	Ed Johnson	1900	7.40
2	Brock Coleman	1900	7.50
2	Jeff Kasko	1900	7.50
3	Bob Jackson	1900	7.70
3	Mark Jackson	1900	7.70
4	Zachary Helfand	2010	7.80
5	Adam Bergo	2007	8.10
6	Tyler Maccubbin	2006	8.40
7	Christopher Prasek	2015	8.50
8	Connor Shields	2010	8.56
9	Richie Scialabba	2006	8.80
9	Adam Lupicki	2012	8.80
9	Quinn Clarke-Magrab	2017	8.80
9	Nicholas	2018	8.80
10	Mark Fico	2016	8.90

55 HH (Relay)

1	Zachary Helfand	2010	7.70
2	Connor Shields	2010	8.20
3	Nicholas Polak	2010	8.50
4	David Fishman	2009	8.80
4	Christopher Prasek	2014	8.80
5	Mark Fico	2016	8.90
6	Cameron McLaughlin	2016	9.10
7	Kyle McIntyre	2014	9.20
8	William Stern	2015	9.50

55 IH (Relay)

1	Adam Bergo	2006	8.20
2	Max Sugarman	2006	8.40
3	Tyler Maccubbin	2006	8.50
4	Richie Scialabba	2006	8.90
5	Adam Rubin	2006	9.30
6	Kevin Hennessey	2006	9.70
7	Michael Mathews	2006	9.80
8	P. Kellogg	1981	10:00.00
8	Matt Schaffer	1981	10:00.00
8	Mike Henry	1981	10:00.00

60 Y (Open)

1	Todd Saunders	2008	6.70
2	Ian Mackenzie	2008	6.90
2	Michael Mathews	2008	6.90
3	Eric Brandman	2007	7.10

60 Y HH (Open)

1	Adam Rubin	2007	9.00
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1.0 mile (Open)

1	Nick Antonelli	2016	4:33.81
2	Jake Triarsi	2016	4:39.75
3	Gabe Givelber	2016	4:45.02
4	Spencer Weigand	2016	4:45.50
5	Evan Friedman	2007	4:45.60
6	James McCutcheon	2016	4:48.66
7	Matthew Meusel	2016	4:48.67
8	Alex Pinkowski	2016	4:50.92
8	Cooper Brennan	2016	4:50.92
9	Matthew Baker	2015	4:55.64
10	Benjamin Salerno	2016	4:55.89

1.0 mile (Relay)

1	Marc Giguere	1976	10:00.00
1	Brian Clancey	1976	10:00.00
1	L. Graves	1976	10:00.00

100 (Relay)

1	Josh Capistrano	2015
1	Nick Lawrie	2015
1	Ishmael Glasco	2015
1	Nick Greenspan	2015
1	Alberto Ortis	2015
1	Jelani Pierre	2015
1	Juandre House	2015
1	Daniel Piscitelli	2015
1	Yallen Bai	2015
1	Nick Maher	2015
1	Chris Varano	2015

2.0 miles (Open)

1	Aditya Singh	2016	9:56.63
2	Ryan Scrudato	2008	10:57.30
3	Andrew Kirna	2008	10:59.80

200 (Open)

1	Butch Woolfolk	1900	21.70
2	Diano Reavis	1900	21.90
2	Rich Forbes	1900	21.90
3	Frank Kelly	1900	22.00
4	Darryl McMiller	1900	22.10
5	Ken Blackwell	1900	22.30
5	Glen Kehler	1900	22.30
6	Keith Davis	1900	22.40
7	Tom Fennell	1900	22.50

7	Tom Tavares	1900	22.50
7	Jhakyse Williams	2010	22.50
8	Barron Chambliss	1900	22.60
9	Todd Saunders	2009	22.90
9	Robert Ciardullo	2012	22.90
9	Adam Lupicki	2013	22.90
9	Robert Brown	2017	22.90
10	Jonathan Henry	2010	23.30

200 (Relay)

1	Phil Dwyer	2017	22.90
1	Cameron McLaughlin	2017	22.90
2	Jhakyse Williams	2009	23.10
3	Nick Greenspan	2016	23.20
3	Jacob Saltzer	2017	23.20
4	Jonathan Henry	2009	23.30
5	Sid Douglas	2013	23.40
5	Ajay Olson	2018	23.40
6	Robert Brown	2017	23.50
7	Todd Saunders	2008	23.60
7	Adam Bergo	2008	23.60
7	Josh Capistrano	2014	23.60
8	Ian Mackenzie	2010	23.70
8	Robert Ciardullo	2012	23.70
8	Dan Audino	2017	23.70
9	Craig Cognetti	2008	23.90
9	Adam Lupicki	2013	23.90
9	Coston O'Brien	2016	23.90
10	Declan Fitzmaurice	2012	24.00

200-D (Relay)

1	W. Scott Perry	2006	19.40
2	Connor Shields	2007	19.70
3	Kevin Kessler	2008	21.10
4	Craig Cognetti	2008	26.20
5	Michael Mathews	2007	26.80
6	Donnie Turlington	2006	27.80
7	Evan Friedman	2007	58.60
8	Kris Kagan	2006	58.70

220 Y (Open)

1	Michael Mathews	2007	26.10
2	Craig Cognetti	2007	26.80
3	Todd Saunders	2007	26.90
4	Connor Davis	2007	27.30
4	Donny deRojas	2007	27.30
5	Alex Forstenhausler	2007	27.50



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6	Adam Rubin	2007	27.60
7	Wes Clarkson	2007	27.70
8	Alex DeFreitas	2007	27.90
8	Joseph Martoglio	2007	27.90
8	Mike Weinberg	2007	27.90
9	Eric Brandman	2007	28.30
9	Gerard Pierre	2007	28.30
10	Dennis Bartsch	2007	29.10

220 Y (Relay)

1	Adam Bergo	2008	25.80
2	Todd Saunders	2008	25.90
3	Craig Cognetti	2008	26.80
4	Mike Weinberg	2008	27.70
5	Michael Mathews	2006	27.90
6	Brian Burdulia	2006	28.40
6	Ameer Rogers	2006	28.40
7	Eric Brandman	2006	28.50
8	Justin White	2008	28.90
9	Eric Rachman	2008	29.30
10	Evan Merkelson	2007	30.10

300 (Open)

1	Butch Woolfolk	1900	31.00
2	Tony Tiller	1900	31.27
3	Rich Forbes	1900	31.80
4	Sid Douglas	2015	35.67
5	Nick Greenspan	2015	37.42
6	Adam Lupicki	2013	37.93
7	Jhakyse Williams	2009	38.00
8	Craig Cognetti	2007	38.10
9	Mike Irving	2009	38.50
10	Todd Saunders	2008	38.60

400 (Open)

1	Rich Forbes	1900	49.80
2	Butch Woolfolk	1900	50.00
3	Tom Fennell	1900	50.20
4	Tony Tiller	1900	50.30
5	Andy Hubsch	1900	50.50
5	Matt Elmuccio	1900	50.50
6	Earl Lambert	1900	50.70
7	Jonathan Henry	2010	50.75
8	Darryl McMiller	1900	50.80
8	Mike Saunders	1900	50.80
8	Bill Byrne	1900	50.80
9	Jhakyse Williams	2010	51.10

10	Larry Bryant	1900	51.20
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400 (Relay)

1	Jonathan Henry	2010	49.50
2	Sid Douglas	2015	50.60
3	Jhakyse Williams	2010	50.70
4	Chris Williams	2010	51.70
4	Joseph Obiajulu	2013	51.70
5	Craig Cognetti	2008	51.80
6	Cameron McLaughlin	2017	52.10
7	Josh Capistrano	2015	52.20
7	Robert Brown	2017	52.20
8	Nick Greenspan	2016	52.30
9	Sam Tooley	2011	52.40
10	Matthew Luppino	2014	52.50

400-D (Relay)

1	Gerard Pierre	2007	18.60
2	Samuel Mumford	2007	19.80
3	Pratik Mehta	2007	20.20
4	Todd Saunders	2008	25.80
5	Craig Cognetti	2007	26.60
6	Brian Burdulia	2006	28.50
7	Connor Davis	2007	59.10
8	Donnie Turlington	2006	59.50
9	Joshua Einbinder	2006	64.90
10	Sam Tooley	2008	65.70

440 Y (Open)

1	Andrew Flood	2008	57.60
2	Craig Cognetti	2008	59.10
3	Kevin Hennessey	2006	61.40
4	Joseph Martoglio	2008	61.80
5	Alex DeFreitas	2006	63.50
6	Victor Nolasco	2006	64.90
7	Donny deRojas	2006	65.00
8	Greg O'Brien	2006	65.40
8	W. Scott Perry	2006	65.40
9	Nick Breza	2006	65.70
10	Luke Hammond	2006	65.80

440 Y (Relay)

1	Andrew Flood	2008	57.40
2	Adam Bergo	2008	58.20
3	Craig Cognetti	2008	58.30
4	Connor Davis	2007	58.60
5	W. Scott Perry	2008	59.10



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6	Donny deRojas	2007	59.20
7	Alex Forstenhausler	2007	59.30
8	Mike Weinberg	2007	59.50
9	Joshua Einbinder	2008	60.20
10	Alex Tarlow	2008	60.30

600 (Open)

1	Jonathan Henry	2010	1:25.27
2	Joseph Obiajulu	2013	1:27.37
3	Kevin Smith	2011	1:27.58
4	Alex Tarlow	2007	1:27.80
5	Kevin Ingram	2011	1:28.05
6	Joshua Einbinder	2008	1:28.10
7	Mike Irving	2008	1:28.20
8	Cameron McLaughlin	2015	1:29.62
9	Kris Kagan	2006	1:29.80
10	Zachary Helfand	2009	1:30.10

600 Y (Open)

1	Dave Coleman	1900	1:13.50
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800 (Open)

1	Matt Elmuccio	1900	1:54.20
2	Mike Krug	1900	1:55.90
3	Andy Hubsch	1900	1:56.50
4	Alex Tarlow	1900	1:56.90
5	Dave Coleman	1900	1:57.30
6	Joshua Einbinder	2009	1:57.50
7	Kevin Smith	2013	1:57.51
8	Paul Byrne	1900	1:57.60
9	Mike Gabardine	1900	1:58.10
9	Spencer Weigand	2017	1:58.10
10	Jerry Brown	1900	1:58.20

800 (Relay)

1	Edward Greener	2007	1:44.50
2	Daniel Luzzi	2013	1:56.40
3	Alex Tarlow	2008	1:56.90
3	Joshua Einbinder	2009	1:56.90
4	Kevin Ingram	2012	1:58.60
5	Tyler Cusick	2010	1:59.80
6	Jonathan Henry	2010	2:00.20
7	Jeffrey Perrella	2006	2:00.30
8	Kevin Smith	2012	2:00.50
9	Nick Antonelli	2016	2:00.60
10	Evan Friedman	2007	2:01.20

800-D (Relay)

1	Dennis Bartsch	2007	63.40
2	Connor Shields	2007	64.20
3	Michael Tormey	2007	66.60
4	Jeffrey Perrella	2006	2:06.60
5	Joshua Einbinder	2008	2:15.70
6	Alex Tarlow	2008	2:17.20
7	Andrew Flood	2006	2:31.20
8	Connor Slifer	2008	2:36.50
9	Michael Fietkiewicz	2007	2:37.50
10	Kris Kagan	2006	3:33.70

880 Y (Open)

1	Alex Tarlow	2008	2:08.40
2	Gus Gibbons	2007	2:14.50
3	Joshua Einbinder	2008	2:15.00
4	Brent Souders	2007	2:16.30
5	Andrew Flood	2007	2:19.20
6	Ryan Scudato	2007	2:21.50
7	Julian Applebaum	2007	2:21.70
8	David Hennessey	2006	2:30.20
9	Kevin Ramos	2007	2:30.70
10	Thomas Adriaens	2007	2:30.80

880 Y (Relay)

1	John Gagliano	2006	2:14.90
2	Eric Scudato	2006	2:15.40
2	Julian Applebaum	2008	2:15.40
3	Brendan Berkowitz	2008	2:15.60
3	Andrew Flood	2008	2:15.60
4	Gus Gibbons	2008	2:15.90
5	Alex Tarlow	2006	2:18.70
6	Raymond Chen	2006	2:19.20
7	Joshua Einbinder	2007	2:20.60
8	Dennis Elwell	2007	2:24.10
9	Thomas Adriaens	2007	2:27.60
10	Zachary Helfand	2007	2:28.80

1000 (Open)

1	Matthew Luppino	2011	2:40.91
2	Alex Tarlow	2006	2:42.60
3	Daniel Luzzi	2011	2:43.23
4	Julian Applebaum	2008	2:43.50
5	John Kirna	2011	2:44.70
6	Rob Marczydlo	2012	2:46.06
7	Tyler Cusick	2010	2:46.70



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8	Patrick Terry	2013	2:46.78
9	Ryan Scrudato	2010	2:47.30
10	Joshua Einbinder	2007	2:48.30

1000 (Relay)

1	Patrick Terry	2012	2:49.30
2	Zachary Lizmi	2009	2:53.70
3	Michael Reilly	2012	2:54.10
4	phil chapel	2014	2:56.50
5	Darian Siegel	2014	2:56.80
6	Bryan Reilly	2010	2:57.30
7	Dylan Scott	2014	2:59.30
8	Beau Preston	2009	2:59.70
9	Rob Marczydlo	2010	2:59.80
10	Jack Leahy	2009	3:01.30

1000 Y (Open)

1	Dave Coleman	1900	2:15.10
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1200 (Open)

1	Matt Elmuccio	1900	3:08.00
2	Mike Krug	1900	3:08.70
3	Kevin Smith	2012	3:10.50
4	Kevin Ingram	2012	3:11.40
5	Andy Jacob	1900	3:11.70
6	Matthew Luppino	2012	3:13.40
7	Rob Broadbent	1900	3:13.90
8	Jack Leahy	2012	3:14.20
9	Lawrence Ho	1900	3:14.80
10	Steve Thatcher	1900	3:14.90

1200 (Relay)

1	Kevin Smith	2013	3:10.90
2	John Kirna	2012	3:14.90
2	William Chandler	2015	3:14.90
3	Michael Kelley	2010	3:15.70
4	Spencer Weigand	2018	3:16.70
5	Zachary Lizmi	2011	3:17.20
6	Matthew Russo	2014	3:17.50
7	Matthew Meusel	2017	3:17.90
8	James McCutcheon	2018	3:18.10
9	Matthew Luppino	2012	3:18.90
10	Jake Triarsi	2017	3:20.30

1200-D (Relay)

1	Evan Friedman	2006	2:17.70
2	Brent Souders	2007	2:19.10

3	Kevin Ramos	2007	2:28.50
4	W. Scott Perry	2007	2:29.00
5	Beau Preston	2007	2:35.20
6	Andrew Kirna	2008	3:18.80
7	Ryan Scrudato	2007	3:20.30
8	Daniel Morse	2006	3:25.50

1600 (Open)

1	Matt Elmuccio	1900	4:13.70
2	Cliff Sheehan	1900	4:17.20
3	Matthew Luppino	2014	4:21.06
4	Dave Brown	1900	4:22.40
5	Steve Thatcher	1900	4:22.70
6	Matthew Meusel	2017	4:23.39
7	Ted Kamins	1900	4:23.70
8	Dave Fitzgerald	1900	4:23.90
9	Greg Kasko	1900	4:24.70
10	Dave Calvert	1900	4:24.90

1600 (Relay)

1	Matthew Russo	2015	4:22.20
2	Andrew Kirna	2011	4:23.40
3	Matthew Luppino	2013	4:24.80
4	Jack Leahy	2012	4:24.90
5	Ryan Scrudato	2010	4:25.60
6	Spencer Weigand	2018	4:30.10
7	Evan Friedman	2007	4:30.70
8	Aditya Singh	2017	4:31.90
9	Matthew Meusel	2017	4:33.80
10	Nicholas Antonelli	2016	4:35.70

1600-D (Relay)

1	Daniel Morse	2007	3:16.40
2	Andrew Marra	2007	3:31.30
3	Wade Preston	2007	3:42.80
4	Jeffrey Perrella	2006	4:36.60
5	Evan Friedman	2007	4:48.30

3200 (Open)

1	Jeffrey Perrella	1900	9:22.20
2	Ryan Scrudato	2010	9:29.86
3	Andrew Kirna	2011	9:30.29
4	Brian Clancey	1900	9:32.70
5	Rick Calvert	1900	9:34.40
6	Dave Brown	1900	9:35.10
7	Matthew Russo	2015	9:35.24
8	Jack Leahy	2012	9:35.50



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9	Joe Giaimo	1900	9:35.80
10	Chris Paul	1900	9:40.40

High Jump

1	Adam B ergo	1900	7' 00.00"
2	Kevin McGorty	1900	6' 10.00"
3	Ed Morton	1900	6' 06.00"
3	Dennis McGorty	1900	6' 06.00"
3	Adam Wendel	1900	6' 06.00"
4	Marc Holland	1900	6' 02.00"
4	D. Nettingham	1900	6' 02.00"
4	Greg Kasko	1900	6' 02.00"
4	Michael Depaolo	2011	6' 02.00"
5	Joseph Obiajulu	2012	6' 00.00"
6	Mark Mcglynn	2009	5' 10.00"
6	Robert Mckeon	2010	5' 10.00"
6	Nicholas Polak	2010	5' 10.00"
6	Mitch Bryk	2015	5' 10.00"
6	Phil Dwyer	2017	5' 10.00"
7	Tyler Maccubbin	2006	5' 08.00"
7	Richie Scialabba	2006	5' 08.00"
7	Jonathan Henry	2009	5' 08.00"
7	Declan Fitzmaurice	2012	5' 08.00"
8	Connor Shields	2009	5' 06.00"
8	Michael Mathews	2007	5' 06.00"
8	Chris Jimenez	2011	5' 06.00"
8	Koryn Kraemer	2012	5' 06.00"
9	Robert McKeown	2009	5' 04.00"
9	Sid Douglas	2014	5' 04.00"
9	Jelani Pierre	2015	5' 04.00"
9	Ryan Bowman	2016	5' 04.00"
9	Eric Knauss	2017	5' 04.00"
10	Jonathan ...	2012	5' 03.00"

Long Jump

1	Kevin McGorty	1900	21' 07.00"
2	Chris Jimenez	2012	20' 03.00"
3	Adam B ergo	1900	20' 01.00"
4	Richie Scialabba	1900	19' 02.00"
5	Joe Mandel	2015	17' 09.00"
6	Marius Chenekan	2015	17' 08.00"
7	Malcolm Kettle son	2012	17' 05.50"
8	Jonathan ...	2012	17' 02.25"
9	Justin Williams	2012	16' 08.00"
10	Brendan Dugan	2012	16' 07.00"

Pole Vault

1	Peter Fagan	2013	15' 00.00"
2	Mike Woods	1900	14' 06.00"
3	Kevin McGorty	1900	14' 00.00"
4	Michael Gorski	1900	13' 10.00"
5	Jeff Sherman	1900	12' 06.00"
5	David Fishman	2010	12' 06.00"
6	John Stelmach	2012	12' 00.00"
7	Tim Woods	2008	11' 06.00"
7	Eric Brandman	1900	11' 06.00"
7	Andrew Weiss	2009	11' 06.00"
7	Peter Foltz	2013	11' 06.00"
8	Dan Markowski	2008	11' 00.00"
8	Mike Porch	1900	11' 00.00"
8	Nick Carayannopoulos	2014	11' 00.00"
8	Michael Stokes	2015	11' 00.00"
9	Henry Zhang	2008	10' 06.00"
9	Benjamin Fine	2010	10' 06.00"
9	Chase Skibitsky	2014	10' 06.00"
10	Matt Gordner	2012	10' 00.00"

Shot Put (12 lb)

1	Drew Cary	1900	57' 11.50"
2	Bob Hoffman	1900	57' 03.00"
3	Erik Anderson	2006	56' 11.25"
4	Bob Duncan	1900	53' 09.00"
5	Maurice Barnett	1900	52' 03.00"
6	Drew Rountree	1900	51' 07.00"
7	Vin Lotano	1900	50' 03.00"
8	Coston O'Brien	2017	49' 01.75"
9	Jim Thayer	2007	44' 05.00"
10	Tyler Mase	2009	43' 00.00"

Shot Put (4 kg)

1	Ryan Elliot	2008	35' 01.25"
2	Sean Root	2017	32' 09.25"
3	William Cronen	2009	32' 08.00"
4	Paul Waksman	2007	30' 07.00"
5	Peter Williams	2007	26' 07.00"
6	Daniel Bigelow	2008	26' 03.25"
7	Jake White	2017	25' 06.00"
8	Matt Goldman	2017	25' 02.00"
9	Michael Osborne	2008	21' 10.25"

Triple Jump

1	Michael Depaolo	2012	41' 05.00"
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2	Chris Jimenez	2012	36' 02.25"
3	Nick Lawrie	2015	34' 10.50"
4	Chris Williams	2012	34' 05.00"
5	Marius Chenekan	2015	32' 07.00"